

# Alberta Cadet Services



## Annual Magazine

1924-25

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# ALBERTA CADET SERVICES

# Annual Magazine

MILITARY DISTRICT 13 - CALGARY, Alberta

Editor—Major L. W. Miller, D.S.O.

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Fifth Year



31st August, 1925

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**THE IMPERIAL CHALLENGE SHIELD FOR JUNIORS**  
 Competed for annually by teams from all parts of the British Empire.  
**Winners in 1924 The 10th Canadian Machine Gun Brigade Corps,**  
**Winnipeg, Manitoba**



## CADET CORPS IN ALBERTA, 1924-25

During the school year ending 31st August, 1925, there were 6,046 cadets enrolled, together with some 66 cadet instructors. A brief account of each corps' activities is given below:

**Alexander High School, Medicine Hat**—Under the direction of Lieut. C. Riley the corps continues to progress, both in efficiency and increased numbers which this year reached a total of 157.

Musketry and shooting practices again were carried out with great interest and improvement in the scores made. A team was entered in the Strathcona Rifle Competition obtaining seventh place in the province.

This corps has a good brass band which assisted at the annual inspection. Cadet officers of the corps were: Company leader, H. McBain; Quartermaster, T. Candy; Platoon leaders, W. Morris, W. Smithson, A. Beaurecard, R. Harding.

**Andrew School**—A newly organized corps with a strength of twenty-three cadets under the supervision of Cadet Instructor G. Koerman. This corps is situated in a somewhat isolated locality and owing to the prolonged winter and limited facilities not very much training was found possible.

**Bassano School**—The enrolment this year was twenty-nine under Cadet Instructor Mr. G. W. Foster. An active year's programme was carried out which included shooting practices by every Cadet.

**Blairmore School**—Owing to unforeseen circumstances the corps was only able to train until February, having an enrolment of fifty-eight cadets. Some shooting was done by some of the senior boys.

**Calgary High and Public Schools**—The corps during the past year had a total of 1980 members. As in past years the instruction was carried out by Captains A. H. Ferguson and H. C. Flood.

A comprehensive programme of training was done including drill, physical training, signalling and first aid. Sixty-one per cent of the cadets did their elementary shooting practices and thirty-six per cent completed classification, whilst three hundred and eleven were classified as first-class shots. In the Traunweiser Physical Training Provincial Competition the Stanley Jones School and Haultain School tied for first place.

Many teams were entered in the various rifle shooting competitions including the Canadian Rifle League Matches in which 161 prizes were won by individual cadets. In Dominion Marksmen Competitions 22 gold, 45 silver and 89 bronze pins were won, also 17 special Dominion of Canada Rifle Association Certificates.

Strathcona Best Shot Badges for the year were won by the following Cadets:

Central High School—R. Bowker, Sr., C. Gilhooly, Jr.  
Crescent Heights High School—V. Allen, Sr., R. Mills, Jr.  
South Calgary High School—H. Palmer, Sr., L. Chauncey, Jr.  
East Calgary High School—P. Thompson, Sr., R. Trewartha, Jr.  
Earl Grey Public School—M. Lister.  
Mount Royal Public School—K. Pitt.  
King Edward Public School—B. Greer.  
Sunalta Public School—G. Munroe.  
Connaught Public School—J. Scott.  
Victoria Public School—W. Hutton.  
Victoria Prevocational School—J. Burrows.

**Calgary Normal Practice School**—This corps is organized as a machine gun unit and under Cadet Instructor Captain G. H. Lunn had a very successful year. The cadet officers were Battery Leader S. Anderson and Half Battery Leaders R. Horler and H. Nicholson.

All subjects of Cadet Training were included in the year's work and all senior boys fired their shooting practices. The total enrolment was 52. This corps was awarded the E. M. Adams Shield for efficiency.

**Calgary Separate Schools (St. Mary's)**—With a total strength of 116 Cadets this Corps had a good active year's training under Cadet Instructor J. Beale. A Bugle Band and First Aid team were maintained throughout the year with considerable success. Shooting practices were regularly carried out in which ninety Cadets took part, thirty-three qualifying as first-class shots. Cadet Officers for the year were Troop Leaders T. Moore and W. Thorn.

The departure from the city of Mr. Beale was regretted by all, but the activities of the Corps will be well maintained by Cadet Instructor Mr. J. Clancy.

**Camrose High School**—The strength of the Corps this year was thirty-seven under Cadet Instructor Lieut. W. G. Flint. Owing to poor facilities only a limited programme of training was possible. Cadet Officers for the year were Company Leader J. Wade, and Platoon Leaders W. Dewar and A. Twomey.

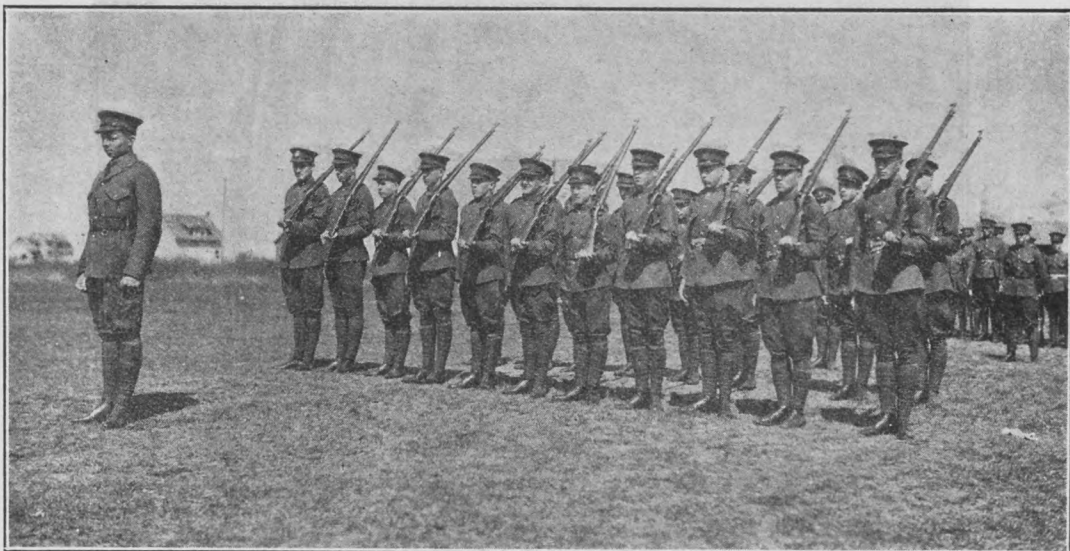
**Camrose Normal Practice School**—Forty-four Cadets was the strength of this Corps this year under Cadet Instructor Captain C. R. Pearson. This Corps for the third time in recent years won the Bennett Shield for all round efficiency. Every Cadet in the Corps fired his elementary practices out of which number twenty classified as first-class shots. Many Dominion Marksmen Badges were won. The best shot for the year was Cadet K. Battram.

A noticeable feature in connection with the Annual Inspection was the large number of townspeople attending.

Cadet Officers for the year were Company Leader L. Haworth, and Platoon Leaders W. Duggan and D. Fisher.

**Champion School**—This Corps was organized in April with an enrolment of twenty-five boys under Cadet Instructor Major P. M. Spence. A good start was made with somewhat limited facilities for training.

**Claresholm School**—Seventy-two Cadets were enrolled in this Corps under Cadet Instructor Mr. I. J. Kain. Although somewhat handicapped



MacDougall High School Cadet Company, Edmonton.  
Joint Winners of Colonel Weaver Shield, 1925.

by limited indoor accommodation a satisfactory year's training was done. Good interest was taken in shooting with twenty-two boys completing their classification practices and a team being entered in the Strathcona Rifle Competition.

Cadet Officers for the year were Company Leader D. Moffatt and Platoon Leaders J. Reynolds, K. Smith and A. Stouck.

**Coronation School**—A successful year's training was done by this Corps under Cadet Instructor Lieut. H. B. Doughty with an enrolment of 32 Cadets. A good number of the boys did some shooting, the best shot badge for the year being won by Cadet C. Haggith. A team was entered in the Strathcona Rifle Competition.

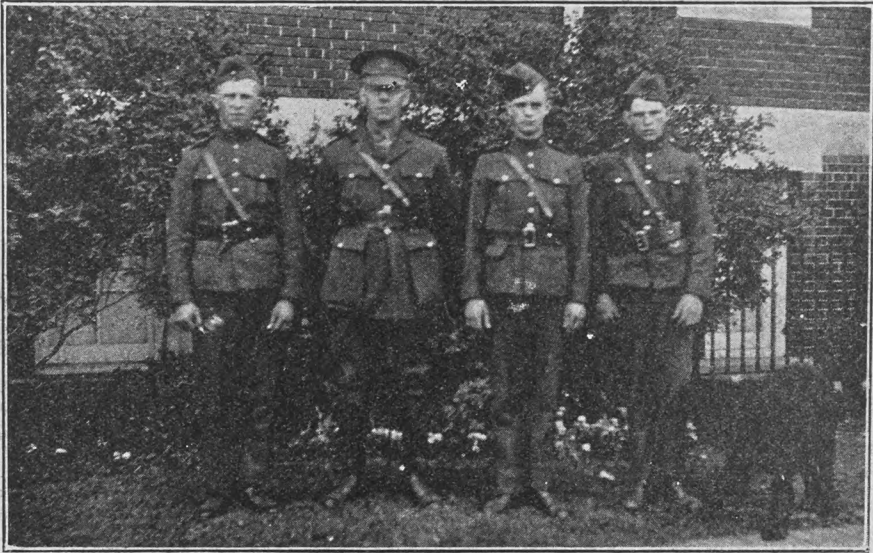
Amongst other activities during the year was the holding of a Church Parade. Cadet Officers were Company Leader W. S. Sobey and Platoon Leaders G. Campbell and H. Hamner.

**Didsbury School**—The Corps was re-organized this year after several years inactivity, with an enrolment of forty-five boys under Cadet Instructor W. G. G. Hope and Platoon Leader E. Evans. A good start has been made and progress will be maintained in the coming year.

**Drumheller School**—One hundred and one boys were enrolled this year under Cadet Instructor F. B. King. Sixty per cent, received instruction in rifle shooting and obtained some very satisfactory scores. Other subjects of Cadet Training were included in the year's programme.

This Corps was badly handicapped by the school buildings being completely burned to the ground in May.

**Edmonton High and Public Schools**—With an enrolment of one thousand nine hundred and thirty-three Cadets this Corps carried out a full programme of training under the general supervision of Major H. Kennedy, D.S.O., Director of Physical Training for the Edmonton Schools.



**Instructor and Officers  
Normal Practice School (Camrose) Cadet Corps,  
Winners of Bennett Shield, 1925**

This Corps was one of those who received the congratulations of the Chief of the General Staff, Ottawa, on the high standard of efficiency attained.

Of the above number of Cadets five hundred and ninety did shooting practices of which one hundred and twenty-six classified as first-class shots.

McKay Avenue School was successful in winning the Public School Shooting Championship, this being their fourth consecutive year in retaining the Shield. A very enjoyable route march was made by this school on 30th May. Several school companies took part in the Empire Day celebrations, planting trees in memory of fallen ex-cadets in the Great War.

The following list shows the names of Cadet Instructors and Cadet Officers during the past year;

#### Cadet Instructors

Capt. J. L. Haight	Lieut. E. E. Hyde
Capt. W. H. Edwards	Lieut. C. Murray
Capt. A. T. Livingstone, M.C.	Mr. W. Wees
Capt. D. A. Petrie	Lieut. A. O. Millions
Capt. H. J. Towerton	Mr. T. C. McCullough
Capt. H. E. Balfour	Lieut. J. Shaw
Lieut. E. M. Beckwith	Mr. K. Smith
Lieut. R. G. McDiarmid	Mr. W. Fraser
Lieut. A. C. Russell	Mr. N. S. Fitzsimmons
Lieut. L. A. C. Dineen	Mr. L. G. Frith
Lieut. E. MacRae	Lieut. G. H. Clarke
Lieut. J. B. Brunson	Mr. J. F. MacDonald
Lieut. G. G. Harman	Mr. F. G. Sutherland
Lieut. L. R. Mattern	

### Company Leaders

R. Blair  
G. Thoman  
F. Drayton  
C. Williams  
A. Barron  
C. Werner.

A. Hartfeil  
P. Orriss  
W. Douglas  
S. Fermor  
J. Proctor

H. McLeod  
L. Hamilton  
G. Cotter  
J. Brown  
G. Sharp

### Platoon Leaders

C. McClure  
J. Watson  
C. Warner  
S. King  
H. Ward  
R. Hein  
W. Neveczis  
W. Gallinger  
C. Macdonald  
J. Oswald  
W. Calhoun  
E. Webb  
C. Kruse  
H. Horn  
K. Morgan  
J. McCormick  
P. Thompson

W. Quilley  
R. Sichenlamb  
J. Waugh  
S. Parlee  
C. McLenan  
C. McNeill  
E. Johnstone  
A. Maloney  
W. Jenkinson  
B. Wright  
F. Limklater  
J. Fowler  
J. Gorman  
W. Norman  
B. Campbell  
C. Groulx  
H. Moore

E. Wensley  
W. Ferguson  
R. Ainslif  
R. Fenton  
J. L. Kinney  
F. Shown  
R. Porter  
M. Robertson  
V. Gowan  
A. Liskear  
A. Samuel  
P. Cushing  
R. Gillies  
G. Young  
R. Brown  
E. Stordahl  
W. Lord

Best Shot Badges were awarded to:—

Cadets H. Hepburn, R. Edwards, R. Harley, G. Sharpe, J. Bey.

**Edmonton Separate Schools**—Enrolment in this Corps was one hundred and ten under the instruction of Cadet Instructors Lieutenants F. J. O'Brien and T. E. Shannon.

A full years training was carried out and good results obtained. The Cadet Officers for the year were: Company Leaders G. Timothy, A. Perrier; Platoon Leaders, E. Dolingham, W. Graham, W. Cody, C. Neil, J. Kostick, J. Verne.

**Fort Saskatchewan School**—The number of Cadets in this Corps was forty-four, which showed a big increase over past years. Under Cadet Instructor Lieut. J. W. E. Markle the Corps carried out regular and very satisfactory training. It is always a disappointment to the boys that there are no range facilities at this school.

**Grande Prairie School**—It was very much regretted that Captain A. W. S. Stewart-Irvine had to resign as Cadet Instructor to this Corps, but with Mr. D. W. Patterson taking over the work the Corps was enabled to continue with good results.

Keen interest was shown in shooting and a good percentage of the boys completed their classification practices when some good scores were made. A total of twenty-six boys was enrolled.

**Hanna School**—Under the supervision of Cadet Instructor Mr. L. A. Thurber, and with an enrolment of fifty-four Cadets a good year's training in all subjects was completed.

A total of fifty-two boys took part in the shooting practices, forty-seven of which were graded as first, second or third class shots.

**Innisfail School**—Owing to the departure from town of Mr. Stewart Moore a new Instructor had to be appointed and the Corps were fortunate in obtaining the services of the Rev. J. G. Goddard, thus enabling the training to be continued with Cadet K. Kremer as Company Leader and an enrolment of fifty-one boys.

**Lacombe School**—With an enrolment of forty-five boys under Cadet Instructor Mr. K. Sheane a good year's programme of training in all subjects was carried out. A fair amount of shooting was done by some of the Senior boys.

**Lethbridge Schools**—Under the supervision of Cadet Instructor Lieut. G. McKillop this Corps had a very successful year with a total enrolment of two hundred and eighty-nine Cadets.

The usual attention was given to Physical Training, every company putting in a team in the Provincial Traunweiser Competition with very gratifying results. Shooting practice were carried out by fifty-four per cent. of the boys, and showed marked improvement over past years. The best shots in their respective schools being Cadets H. Rose, D. Van Horne, W. Christie, H. Thomas, G. Talbot.

On June 12th the Annual Playfest took place at which the Cadets put on a display of First Aid, Rifle Drill and Physical Training. At the Annual Church Parade two hundred and forty-three Cadets paraded.

Cadet Officers for the year were: Battalion Commander G. Rose; Adjutant, K. Weller; Quartermaster, C. McKillop; Company Leaders, T. Green, D. Patterson, W. Christie; Platoon Leaders, R. Holman, J. Easton, D. Keilver, H. Whitney, B. Burrell, D. Codd, G. Wilson, H. Watson, R. Dunlop.

This Corps was one of those who received congratulations from the Chief of Staff, Ottawa, on its high standard of efficiency.

**Mount Royal College (Calgary)**—Owing to a small enrolment the Corps was handicapped in its training, but managed to do a large amount of shooting with very good results under Cadet Instructor Captain G. M. Miller.

**Nanton School**—Fifty-five Cadets were enrolled in this Corps under Cadet Instructor J. W. Grant. Although somewhat handicapped by poor facilities for winter training the work was continued during the year and included some shooting practices.

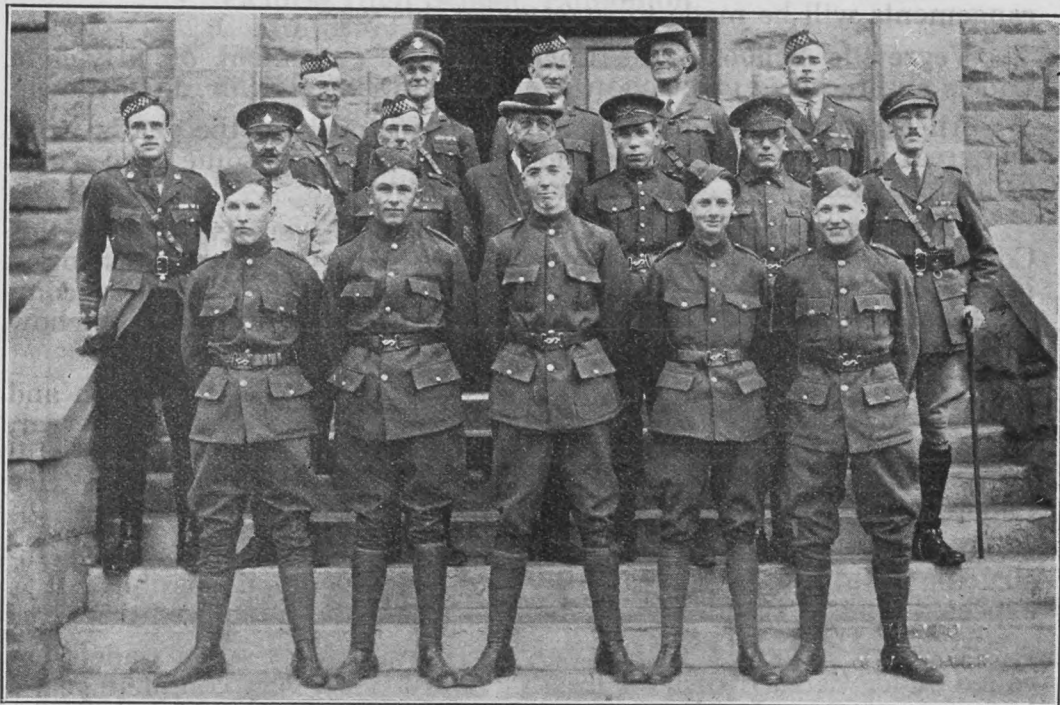
**Naval Corps (Calgary)**—Under the instructions of Mr. F. Barber, and with forty-six Cadets enrolled this Corps continued its activities in Naval Training. Arrangements have been made whereby all members will be able to get some shooting practices, which will fill a long felt want.

**Okotoks School**—Cadets in this Corps totalled forty under Cadet Instructor the Rev. W. J. Kidd and Company Leader S. Bannister.

A good deal of time was given to shooting in which the Corps did remarkably well, winning the Strathcona Trust Cup for rural Cadet Corps. A number of the boys also won Dominion Marksmen Badges.

The Corps also entered a team in the Wallace Rankine Nesbitt First Aid Competition.

**Pincher Creek School**—A full years training in all subjects was completed by the fifty-two members of this corps under Captain J. R. K. Main, assisted by Lieut. Cable, and the Rev. W. Biddle.



Alberta Rifle Team and Calgary Cadets who attended Ottawa Meeting, 1925

Local interest in the Corps has been well maintained. Thirty-six of the Cadets took part in Rifle Practices winning second prize in the Strathcona Competition for rural corps and a team was entered in the Wallace Rankine First Aid Competition.

Cadet Officers for the year were Platoon Leaders E. V. McKinnon and D. Mitchell.

**St. Paul's School (Blood Reserve)**—This Corps consists of thirty-nine Blood Indians under the supervision of Capt. (Rev.) S. H. Middleton.

A very full year's training was carried out and the Corps had the distinction of winning the Army and Navy Veteran's Shield for efficiency in Physical Training.

The Corps received congratulations from the Chief of General Staff, Ottawa, on the high standard of efficiency reached.

**Sedgewick School**—Although small in numbers this Corps continued its activities as in past years under Cadet Instructor C. W. H. McGee and was rewarded for its efforts in winning the Graveley Shield for physical training efficiency. A very successful banquet and concert was held during the year supported very strongly by the local community.

**Stettler School**—Only a limited amount of training was found possible by this Corps under the supervision of Cadet Instructor Mr. H. E. Tanner. The Corps had an enrolment of seventy-four and with such large numbers it is expected that good progress will be made this year.

**Strathmore School**—Although this Corps commenced the year with an enrolment of thirty-seven Cadets it was found that owing to

unforeseen causes it was impossible to continue. It is hoped that arrangements will be made to re-organize this year.

**Vegreville School**—This Corps had an enrolment of fifty-eight Cadets and received instruction from Cadet Instructor Mr. J. B. Glover.

All subjects of Cadet Training were included in the year's work and great interest was taken in shooting by all Cadets, some good scores being recorded.

**Vermilion School**—Although fifty-two boys were enrolled in this Corps at the beginning of the year under Mr. N. Gourlay it was found impossible to do very much training owing to lack of indoor accommodation. It is hoped that in the future this difficulty may somehow be overcome.

**Vulcan Corps**—Under the supervision of Mr. A. J. E. Gibson and with an enrolment of thirty Cadets this Corps had a very active year, and under their own arrangements were able to hold a very successful camp in the summer holidays. Company Leader for the year was Cadet W. Butchart.

**Wainwright School**—Owing to the serious illness of Cadet Instructor Lieut. W. T. Suckling no training was found possible. It is expected that the past activities of this Corps will be renewed this year.

**Western Canada College (Calgary)**—With forty-seven Cadets enrolled under Cadet Instructor Lieut. F. Gardener a very complete year's training was completed. Once again this Corps entered teams in the Imperial Challenge Shield Rifle Competition, firing one hundred per cent. of its members.

The Corps also gave a very fine gymnastic display at the Military Gymkhanas held in Calgary and Edmonton.

A team was also entered in the Wallace Rankine First Aid Competition and obtained first place in the Province.

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### HONOUR LIST 1924-25

The Cadet Corps mentioned below have all earned their place in the year's Honour List by attaining first place and winning Shields in the various Annual Competitions for either Shooting, Drill, First Aid or Physical Training:

Western Canada College, Calgary.

Central High School, Calgary.

Okotoks Public School.

H. A. Gray Public School, Edmonton.

Camrose Normal Practice School.

Calgary Normal Practice School.

St. Paul's School, Blood Reserve.

Sedgewick Public School.

Stanley Jones Public School, Calgary.

Haultain Public School, Calgary.

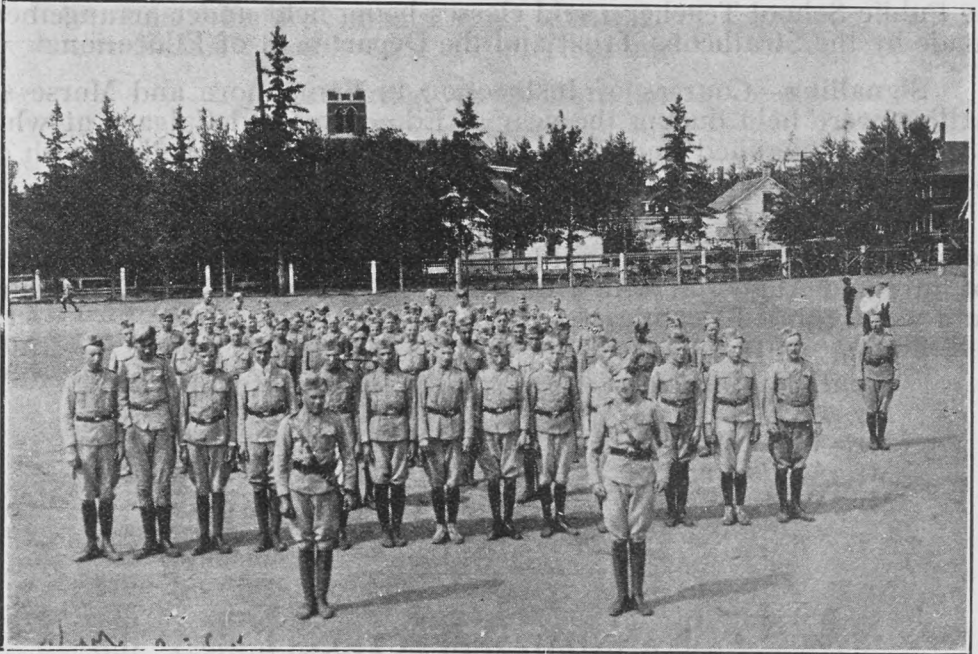
Alex. Taylor Public School, Edmonton.

McKay Avenue Public School, Edmonton.

Oliver Public School, Edmonton.

Macdougall High School, Edmonton.

Victoria High School, Edmonton.  
 Central Public School, Lethbridge.  
 Fleetwood Public School, Lethbridge.  
 Hillhurst Public School, Calgary.  
 Central Public School, Calgary.  
 South Calgary High School.  
 Haultain Public School, Calgary.



McKay Avenue Public School Cadet Company, Edmonton.  
 Winners of Keoml Chapter I.O.D.E. Shield, 1925

## COURSES OF INSTRUCTION

**Cadet Instructors' Course**—A very successful course was held at the Armouries, Calgary, from the 23rd October to the 18th December, 1924.

The undermentioned gentlemen qualified and received their Cadet Instructor's Certificates:

Argue, K. F.	Evenson, A. B.	Miller, C. J.
Beale, J.	Everest, C. J.	Millican, F. R.
Birch, F. W.	Ferguson, L.	Poyntz, H. H.
Beattie, G. S.	Finn, T. G.	Reeve, E. C.
Brooks, W. H.	Grant, R.	Skene, W. A.
Brooks, W. M.	Grant, G. S.	Sketchley, A. D.
Carnat, M.	Hart, R. G.	Soderburg, G.
Doney, O. J.	Hoskin, N. W.	Swamberg, A.
Dowdle, M. D.	Jacobs, H. C.	Watson, A. E.
Davidson, G. H.	Kerlin, D. E.	Watson, W. H.
Elford, E. V.	Mackenzie, K. J.	Williams, E. D. M.
English, R.	McLear, J. A.	

**Physical Training**—Classes in Physical Training were held during the year under the supervision of the District Cadet Officer, as follows:

Place	Nature of Course	Instructor	No. Attended
Calgary Normal School ----	Grade B.	Sergt.-Maj. B. O'Hanlon ----	354
Camrose Normal School ---	Grade B.	Sgt. Instr. W. Gibson, M.C.---	246
Edmonton -----	Refresher	Maj. H. Kennedy, D.S.O. ----	45
Summer School -----	Advanced	Sergt.-Maj. B. O'Hanlon ----	12
Summer School -----	Grade B.	Sergt.-Maj. B. O'Hanlon ----	2

All those attending the above classes were Normal School Students or Public School Teachers, said classes being held under arrangements made by the Strathcona Trust and the Department of Education.

**Signalling**—Courses of Instruction in Semaphore and Morse signalling were held during the year at Edmonton and Calgary at which 131 Cadets qualified and received their Certificates together with the bonus of Five Dollars.

**Musketry**—A special class in Musketry was held for Cadet Instructors at the Small Arms School held at Sarcee Camp during the months of July and August at which the following attended from this District and were granted Certificates:

Capt. G. H. Lunn	Mr. L. G. Frith
Lieut. F. Gardener	Lieut. E. E. Hyde
Mr. F. E. Graham	Lieut. A. C. Russell
Mr. W. F. Irwin	Lieut. T. E. Shannon
Mr. A. Parker	Mr. G. W. Foster
Mr. W. S. Webb	Mr. I. K. Kain

## ANNUAL INSPECTIONS

Annual Inspections of all Cadet Corps in Alberta were held as usual during the months of April, May and June at which 4,973 Cadets were present.

The Inspecting Officers for the Province were Major L. W. Miller, D.S.O., District Cadet Officer, and Capt. T. S. Chutter, M.C., L.S.H. (R.C.)

The following table shows the results in the several grades of Cadet Corps on their standing at the inspections:

### Rural Cadet Corps (First 12 only)

1st	Camrose Normal Practice -----	82%
2nd	Sedgewick -----	80%
3rd	Bassano -----	78%
4th	Coronation -----	76%
5th	St. Paul's (Blood Reserve) -----	74%
6th	Medicine Hat -----	73%
7th	Fort Saskatchewan -----	73%
8th	Vulcan -----	70%
9th	Innisfail -----	67%
10th	Lacombe -----	67%
11th	Pincher Creek -----	66%
12th	Claresholm -----	65%

### Edmonton Cadet Regiment

Junior Public Schools -----1st, Oliver.  
Senior Public Schools -----1st, McKay Avenue.  
High Schools -----1st, MacDougall and Victoria High  
Schools (equal marks).

### Calgary Cadet Regiment

High Schools -----1st, South Calgary.  
Senior Public Schools -----1st, Hillhurst.  
Intermediate Public Schools ---1st, Central.  
Junior Public Schools -----1st, Haultain.

### Lethbridge Cadet Battalion

Public School Companies ----1st, Fleetwood School.

## TRAUNWEISER PHYSICAL TRAINING TROPHY

A very keen spirit of rivalry was seen in this competition for which sixteen teams were entered. This Trophy is competed for annually and is open to teams of sixteen cadets from any cadet corps in Alberta. The results for this year are herewith given:

- 1st Stanley Jones School, Calgary  
Haultain School, Calgary.
- 2nd. Central School (Grade 10A & B), Lethbridge.
- 3rd Ramsay School, Calgary.
- 4th Central School (Grades 9A & B), Lethbridge.
- 5th MacDougall School, Calgary.
- 6th Sunnyside School, Calgary.
- 7th Central School (Grades 9C & 10C), Lethbridge.
- 8th Central School (Grade 8), Lethbridge.
- 9th Central School (Grade C), Lethbridge.
- 10th Fleetwood School, Lethbridge.
- 11th Westminster School, Lethbridge.
- 12th Parkdale School, Edmonton.
- 13th Galbraith School, Lethbridge.
- 14th Central School (Grade 6), Lethbridge.
- 15th Highlands School, Edmonton.

## TROPHIES FOR DRILL AND EFFICIENCY

The following trophies were competed for at the annual inspections and awarded as shown below:

**Traunweiser Shield**—For best physical training team of sixteen cadets in the province: 1st, Stanley Jones School, Calgary, and Haultain School, Calgary; 2nd, Central School, Lethbridge; 3rd, Ramsay School, Calgary.

**R. B. Bennett Shield**—For the most efficient rural cadet corps in the province: 1st, Camrose Normal Practice School; 2nd, Sedgewick School; 3rd, Bassano School.

**E. M. Adams Shield**—For the most efficient cadet corps in Calgary (other than High and Public Schools): 1st, Normal Practice School; 2nd, Western Canada College; 3rd, St. Mary's Separate School.

**A. H. Mayland Shield**—For the most efficient High School cadet company in Calgary: 1st, South Calgary; 2nd, Central; 3rd, Crescent Heights.

**Calgary Herald Shield**—For the most efficient cadet company in Senior Public Schools, Calgary: 1st, Hillhurst; 2nd, Stanley Jones and Ramsay; 3rd, Mount Royal.

**103rd Calgary Regt. Shield**—For the most efficient cadet company in Intermediate Public Schools, Calgary: 1st, Central; 2nd, Hillhurst; 3rd, Alexandra.

**S.C.R. Shield**—For the most efficient cadet company in Junior Public Schools, Calgary: 1st, Haultain; 2nd, Central; 3rd, Ramsay.



THE CANADIAN PAVILION  
British Empire Exhibition, Wembley, 1924-1925

**Birks' Shield**—For highest efficiency in Physical Training by cadets of any school or college in Calgary: 1st, Stanley Jones; 2nd, Riverside; 3rd, Hillhurst and McDougall.

**Graveley Shield**—For highest efficiency in physical training by cadets of any rural crops: 1st, Sedgewick Cadet Corps.

**Army and Navy Veterans' Shield**—For best physical training team of sixteen cadets from any corps in Alberta, other than those situated in Edmonton, Calgary or Lethbridge: 1st, St. Paul's (Blood Reserve) Cadet Corps.

**Downer Cup**—For most efficient cadet company in Lethbridge: 1st, Fleetwood Cadet Company.

**Henderson Cup**—For most efficient cadet company in physical training in Lethbridge: 1st, Grade 7 Central School Cadet Company.

**Keomi Chapter I.O.D.E. Shield**—For most efficient Senior Public School Cadet Company in Edmonton: 1st, McKay Ave. Cadet Company.

**Keomi Chapter I.O.D.E. Shield**—For most efficient Junior Public School Cadet Company in Edmonton: 1st, Oliver Cadet Company.

**Colonel Weaver Shield**—For most efficient High School Cadet Company in Edmonton: 1st, MacDougall and Victoria High School Cadet Companies.

**Flint Shield**—For most efficient cadet company in Physical Training in Edmonton: 1st, McKay Ave. Cadet Company.

## RIFLE COMPETITIONS 1924-25

### Strathcona Trust Miniature Competitions

**Class A.**—Open to teams of five cadets from any Cadet Corps in Alberta, and competed for during the months of December, January and February.

**Senior Section**—Winners of Shield: Central High School team, Calgary. Score 1,473 out of possible 1,500. Winner of Medal: Cadet W. Cole.

**Junior Section**—Winners of Shield: Central High School team, Calgary. Score 1,422 out of possible 1,500. Winner of Medal, Cadet C. Fife.

**Class B.**—Open to teams of five Cadets from any rural Cadet Corps in Alberta, and competed for during the months of February and March.

**First Prize, Silver Cup**—Okotoks School team. Score of 86.93%. Winner of Medal, Cadet W. Metcalfe.

**Second Prize, Silver Cup**—Pincher Creek School team. Score of 85.71%..

**Class C.**—Open to teams of five or more Cadets from any Public School or College in Calgary, Edmonton and Lethbridge up to Grade 8. Winners of Shield: H. A. Gray School, Edmonton with score of 87.73%. Winner of Medal, Cadet J. Watt.

### Dominion of Canada Rifle Association Competitions 1924-25.

The results of the Dominion of Canada Rifle Association Winter Series 1924 insofar as Cadet Teams from this Province are concerned are as follows:

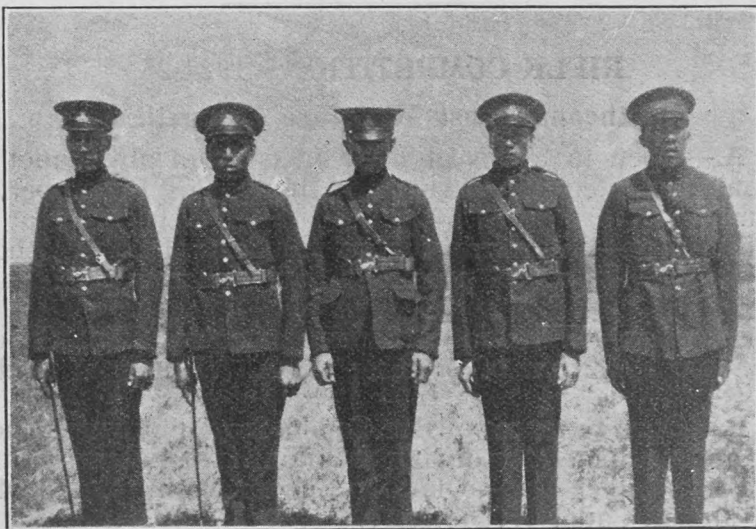
#### Seniors:

	Per cent.
1st Chatham (N.B.) C. C. -----	97.36
4th Central High School, Calgary, A Team -----	96.35
14th South Calgary High School, A Team -----	94.16
19th Central High School, Calgary, B Team -----	93.04
39th Crescent Heights High School, Calgary -----	90.58
44th East Calgary High School -----	89.37

50th	Okotoks School C. C. -----	88.18
59th	Victoria High School, Edmonton -----	86.47
64th	Western Canada College, Calgary -----	85.75
72nd	St. Mary's C. C., Calgary -----	85.53
84th	South Calgary High School, B Team -----	81.3
99th	Central High School, Calgary, C Team -----	76.6
(135 Teams competed)		

#### **Juniors:**

1st	Trinity College, Port Hope -----	94.8
3rd	Central High School, Calgary -----	92.5
11th	South Calgary High School -----	89.09
13th	H. A. Gray Public School, Edmonton -----	88.70
16th	Crescent Heights High School, Calgary -----	87.7
31st	Okotoks Public School -----	80.21
48th	St. Mary's C. C., Calgary -----	73.3
71st	Central High School, Calgary -----	63.8
(97 Teams competed)		



**Cadet Officers, 1925**  
**St. Paul's School Cadet Corps, Blood Reserve.**  
**Winners of Army and Navy Veterans Shield**

#### **Provincial Rifle Association Meeting**

At the Alberta Provincial Rifle Association Meeting held in Calgary in July some 45 Cadets from the Calgary High Schools competed. Some very excellent scores were made and four Cadets, G. Gilbert, T. Moore, W. Cole and J. Hunter, qualified to go to the Ottawa meeting in August. It is hoped that next year it will be found possible to have representative Cadet Teams attend from Edmonton and one or two of the rural points.

#### **Imperial Challenge Shield Competition**

The results of the Imperial Challenge Shield Competition for 1924 show teams from Canada in most creditable positions in the final standing. The team from the 10th Canadian Machine Gun Brigade Cadet Corps, Winnipeg, captured first place in the Junior Challenge Shield Competition, winning ten pounds sterling in addition to the Trophy.

The second place in the same competition was taken by the Chatham Grammar School Cadet Corps, of Chatham, New Brunswick. In the Senior Group the Technical College of Plymouth, New Zealand comes first, winning the shield and first cash prizes, but Canadian teams take second and third places, Trinity College School of Port Hope being second and Wingham High School, Wingham, Ontario, third.

Congratulations are extended to the Western Canada College Cadets, Calgary, on their very fine showing in this competition. This Corps attained fifth place in Canada and nineteenth place in the Empire with an average team score of 78.4, one hundred per cent. of the Corps firing. It also took forty-sixth place in the Honours List of the best one hundred units in the Empire, obtaining 10 Empire Marksmen Badges and 13 first-class shot badges.

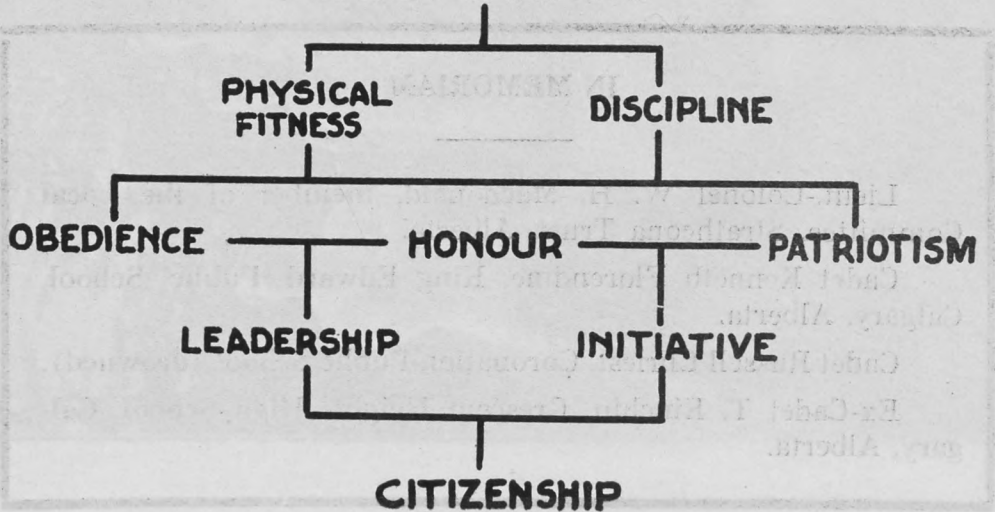
There were 16,786 competitors in the Series from all parts of the Empire from 622 units. This total included 2,142 Canadian Cadets which was an increase of 1,340 over the previous year.

GOVERNOR GENERAL'S COMPETITION

Results of this competition for 1924 are given herewith. This Trophy is awarded annually to the Province having the largest number of enrolled Cadets at inspection in proportion to the total school attendance:

Province	Cadets Present at Annual Inspection	School Attendance	Per- centage
Quebec -----	51,122	577,404	8.85
British Columbia -----	5,979	94,888	6.30
Ontario -----	31,844	670,717	4.76
Prince Edward Island -----	823	17,542	4.64
Alberta -----	5,187	145,803	3.56
Manitoba -----	4,678	142,369	3.29
Saskatchewan -----	4,313	193,616	2.22
New Brunswick -----	1,636	78,753	2.08
Nova Scotia -----	2,450	118,962	2.06

CADET TRAINING



## ACTIVITIES OF THE LETHBRIDGE CADET CORPS

(By Cadet J. Woloschuk, winner of Essay Competition)

The majority of us in this City have many times seen boys, called Cadets, dressed in military uniform. Now what are Cadets? They are bodies of youths organized in schools for the purpose of making them better men and citizens in the future. In Lethbridge the Cadets have been doing splendid work for the last few years and had a total enrolment of two hundred and ninety-three. This Corps is under the supervision of Lieut. G. McKillop the best instructor we have had so far.

There are a few important things I want to deal with in discussing the activities of the Corps. The first is Physical Training which may be said to be the most pronounced feature in the work and in this connection it should be noted that nine teams from our Corps entered in the Provincial Traunweiser Competition. Every Cadet receives training in this subject. In addition to Physical Training all Cadets are taught Musketry, Signalling, First Aid, Drill and Target Shooting. The corps is organized as a Battalion in which we have companies, platoons and sections and at the last inspection we had the distinction of being the only corps in Alberta to do Battalion Drill.

Rifle drill is taught in both the Public and the High Schools including the care that must be taken in the handling of all rifles.

The Annual Church Parade, Inspection and Playfest were the most pronounced features this year. At the latter a very interesting programme was put on covering all phases of Cadet training and also Physical Training by the girls.

We have two silver cups for annual competition. The Henderson Cup is awarded to the best Physical Training Class in the Public Schools and the Downer Cup for the most efficient Cadet Company.

I have tried to point out the different kinds of training given to the Cadets of this city. There are some people who object to this training and say that it fosters a warlike spirit which may lead the nation into war. Those people in my opinion are wrong. The training received makes the boys better physically and promotes each one to acquire habits of obedience and self-reliance. Boys of today have great need for such training as they are the men of tomorrow.

### IN MEMORIAM

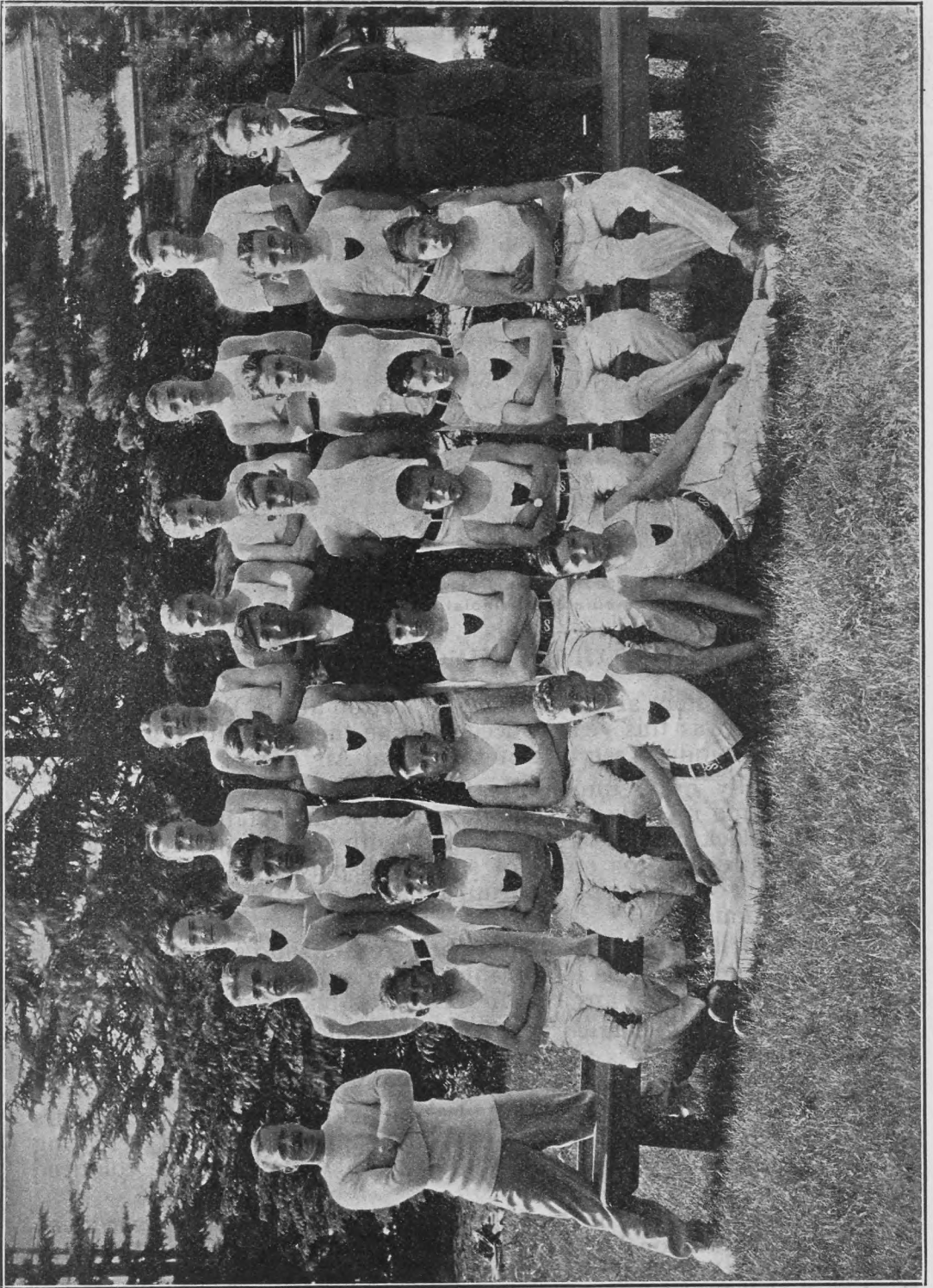
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Lieut.-Colonel W. H. Macdonald, member of the Local Committee, Strathcona Trust, Alberta.

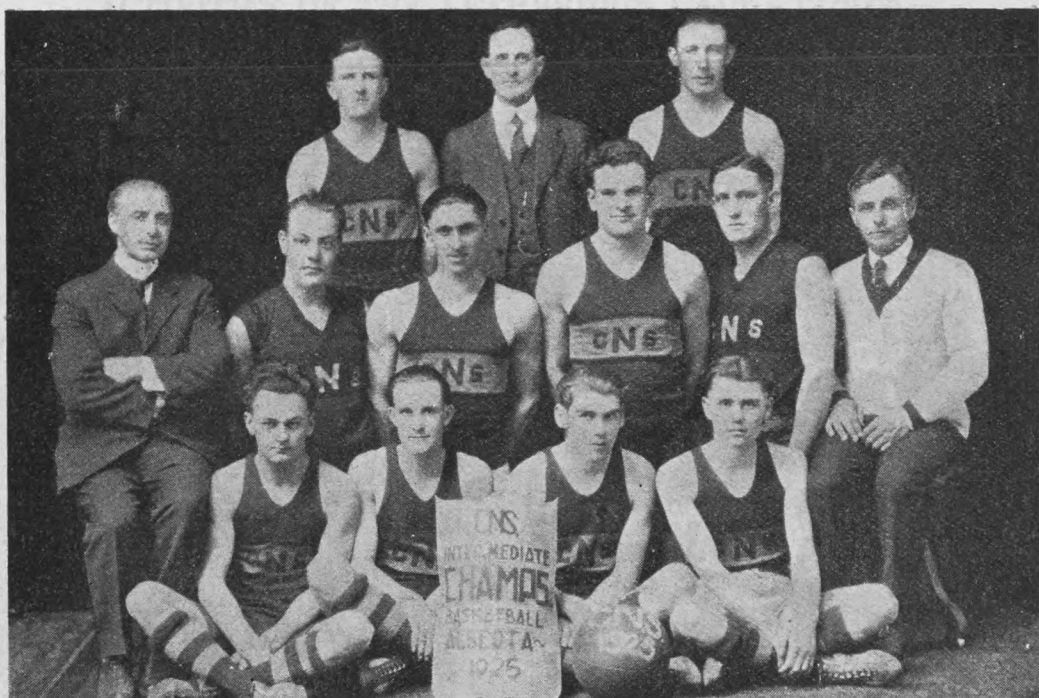
Cadet Kenneth Florendine, King Edward Public School, Calgary, Alberta.

Cadet Russell Chriest, Coronation Public School (drowned).

Ex-Cadet T. Kinchin, Crescent Heights High School, Calgary, Alberta.



WESTERN CANADA COLLEGE GYMNASTIC TEAM, 1925



Basketball Team, Calgary Normal School.  
Intermediate Provincial Champions, 1925.

## PHYSICAL TRAINING AT WEMBLEY

The feature item at the Searchlight Tattoo at the Wembley Exhibition, England, was this year conceded to be the Physical Training display by four hundred recruits of the Royal Air Force.

It is really quite impossible to adequately describe what these muscular young men do—as one needs the setting of the vast stadium with a blue black night as a background, with searchlights flooding the arena, to appreciate the effect of such a display. To the music of a band and the secret signals of drum taps they perform the most wonderful evolutions.

A most striking effect is given when from a solid square formation each one extends to arms length interval so smoothly and quietly that one hardly realizes that any real movement is taking place.

Maze Marching carried out at the double corresponding to the Cavalry Musical Rides is also done with wonderful effect.

For the second part of their display the Four Hundred appear with coloured lanterns, with everything else in darkness, so that the colours (red and yellow) move in and out in beautiful patterns, creating gigantic serpents and finally spelling out "Britannia" in huge coloured letters.

This constitutes one of the largest Physical Drill Displays ever given by the Army, Navy or Air Force, and has never before been attempted by night under Searchlight. It is the more astonishing when it is realized that the four hundred men taking part are recently enlisted recruits undergoing their three months training at the Depot.

## GENERAL NEWS

A great loss was experienced in the death last April of ex-Cadet T. Kinchin (Calgary High School Cadet Corps). This young man was one of the best Cadet shots in the West and since leaving school in 1923 had won his place on the 1925 Bisley Team.

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A very handsome Silver Shield was donated this year by Colonel C. Y. Weaver, D.S.O., of Edmonton for annual competition in drill and general efficiency by the Edmonton High School Cadets.

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The display of Cadet Training put on by Calgary Cadets and Normal Students at the Military Gymkhana held in April was of a very creditable nature, some one hundred and fifty taking part. The work done included Platoon Drill, Physical Training, Rifle Drill, Gymnastics, Signalling and First Aid.

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The prize given for the best report written by a Cadet on the activities of his Corps for the year was awarded to Cadet J. Woloschuk of the Lethbridge Cadet Corps. This report appears on another page of this issue.

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The Western Canada College Cadets of Calgary were the representatives of the Cadet Services of Alberta at the Military Gymkhana held in Edmonton in April. A very comprehensive gymnastic display was given which was conceded to be one of the star turns.

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A very great disappointment was experienced when it was learnt that there would be no Cadet Camps held this year. Although it is early yet to make any forecast, it is thought that the chances for next year should be much better.

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The total enrolment of Cadets in Alberta for school year ending the 31st August, 1925, was 6,046. Over a period of ten years this shows an increase of 1,869.

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The Hon. R. B. Bennett, K.C., was once again good enough to donate an individual prize to the Company Leader of the Corps winning his Shield.

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Owing to the serious illness of Mr. W. T. Suckling, Cadet Instructor to the Wainwright Public School, the activities of the Corps were very much curtailed. It is hoped that this Corps will soon get into its stride once more.

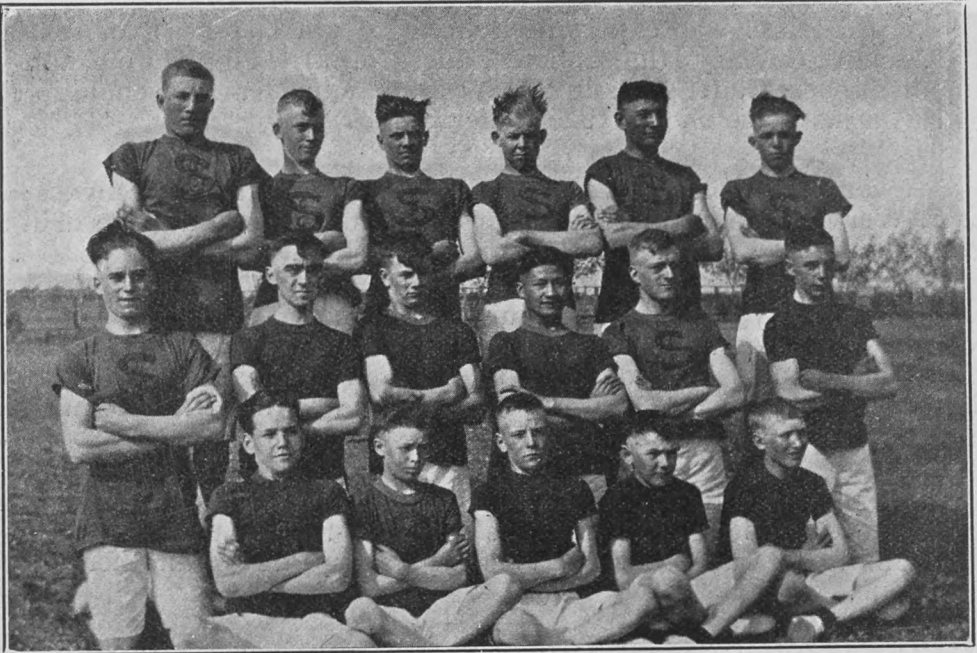
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All Cadets on leaving school should make application to their Instructors for a Cadet Discharge Certificate. These may be found useful in the future, particularly to those passing on to colleges or universities.

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The Wallace Rankine Nesbitt First Aid Competition for Cadet Teams was competed for for the first time this year. It will be noted that in the 1926 regulations governing this competition that a prize is offered for the first placed team in each Province.

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Physical Training Team, Sedgewick Public School Cadet Corps.  
Winners of Graveley Shield, 1925.

The very few photographs submitted for inclusion in this Magazine has made it impossible to give a very varied selection. Instructors could assist very materially in this matter.

The photograph of the Canadian Pavilion at Wembley Exhibition produced in this issue is by courtesy of the Canadian Wembley Exhibition Commissioner. The one of the Royal Military College is printed with the kind permission of the Editor of the Canadian Defence Quarterly.

It is hoped that wherever possible Cadet Instructors will make efforts for the purchasing of uniforms as required. The uniform grant can be well spent for alterations and repairs, etc. Several Corps during the past year have obtained the assistance of local organizations in raising funds for this purpose.

The Camrose Normal Practice School is once again to be congratulated in winning the Bennett Shield. This Shield has now been won by this Corps three times in the last six years.

In the Wallace Rankine Nesbitt First Aid Competition teams from Pincher Creek, H. A. Gray School, Edmonton, Western Canada College, Calgary, St. Mary's Separate School, Calgary and Okotoks were entered. This is a Dominion wide competition open only to Cadets. In the Provincial elimination examinations the team from Western Canada College won first place and in the Dominion were placed third. Apart from this competition it is pleasing to note that 591 Cadets in this district received instruction in First Aid.

Our thanks are due to those Corps who were good enough to subscribe towards the expenses of publishing this Magazine and also to all institutions and merchants who have inserted advertisements. Cadet Instructors are asked to patronize all such advertisers.

Colonel S. H. Hill, Director of Physical Training and Cadet Services, Ottawa, recently visited this District, during which time he was able to visit and inspect some of the Cadet Corps in Calgary, Edmonton and Camrose. Visits were also made to the Normal Schools at Calgary and Camrose. Colonel Hill expressed his appreciation of the work being done in this Province and congratulated the Instructors concerned on the standard of work he saw.

## THE TEAM SYSTEM FOR PHYSICAL TRAINING CLASSES

These remarks are based on a pamphlet recently published by the Board of Education, London, England, and intended to supplement the notes on this subject contained in Appendix "B" of the Syllabus of Physical Training, 1919.

The method of organizing a class in teams which work together under their leaders in many of the exercises and games, and often in competition with other teams, is known shortly as the Team System.

The practical advantages of the Team System may be summarised as follows:—

(1) Greater variety in the work can be obtained by giving the teams different exercises (particularly recreative exercises) and games.

(2) The children are able to get more practice in the exercises and to take a more active part in the games by working in smaller groups.

(3) Much time is saved in exercises in which only a few children can take part at once, by setting the teams to work separately.

(4) It is often possible to teach some new exercise or game to one or two teams at a time, while the other teams practice what they already know, and in this way to give more attention to the instruction of individuals than is possible when the whole class is taken together.

(5) The permanent grouping makes for quickness, order and efficiency in class formations, and generally for a more flexible and rapid handling of the class.

(6) The keen rivalry that may be encountered between the teams adds greatly to the interest of the work and stimulates proficiency.

These are very considerable advantages in the practical conduct of the training, and in themselves justify the use of the Team System. Of all the "School Subjects" Physical Training is the one which furnishes children with the most intelligible motive for co-operation and collective effort, and almost of itself brings them to understand that the enjoyment arising from such effort is born of submission to a measure of discipline.

The Team System may be regarded as exemplifying (in the sphere of Physical Training) the principles of the "House System" adopted in some of the larger public schools in England, the essence of which is team work. A child is thus led to feel himself a member of a community which, since it is smaller than the school, he can more easily envisage, and to realize that his conduct and achievements are not matters which concern himself alone.

The Team System in relation to these aims and objects is the House System in miniature, and the advantages of treating "Team Work" as an integral and necessary element in Physical Training and games may be strongly emphasized.

### **Practical Methods**

Before introducing the Team System the teacher must decide upon the number and the composition of the Teams into which the class is to be divided. It is best to have an even number of teams. Eight to ten children are the best number to form a Team.

Teams should be equalized as far as possible, not only in age but also as regards the children's character, physical ability and aptitude for games.

The Teams should be given names which are capable of firing the imagination with a worthy ideal of character or service; the names of historical persons or races, for example, or those which appeal to local patriotism.

The Teams also, may with advantage be given "Colours" as distinguishing badges, each child wearing a coloured ribbon across the chest, slung over the right shoulder and under the left arm during Physical Training periods.

A leader will be required for each Team. They can be chosen in any way considered best by the teacher, who, however, should only select those suitable for leadership. These leaders will command and handle their Teams and lead them in games and competitive exercises, and keep a record of marks awarded. Such marks being totalled at certain intervals and the standing of the teams announced.

The writer recently saw this Team System operating in England where it has been adopted by many schools with marked success.

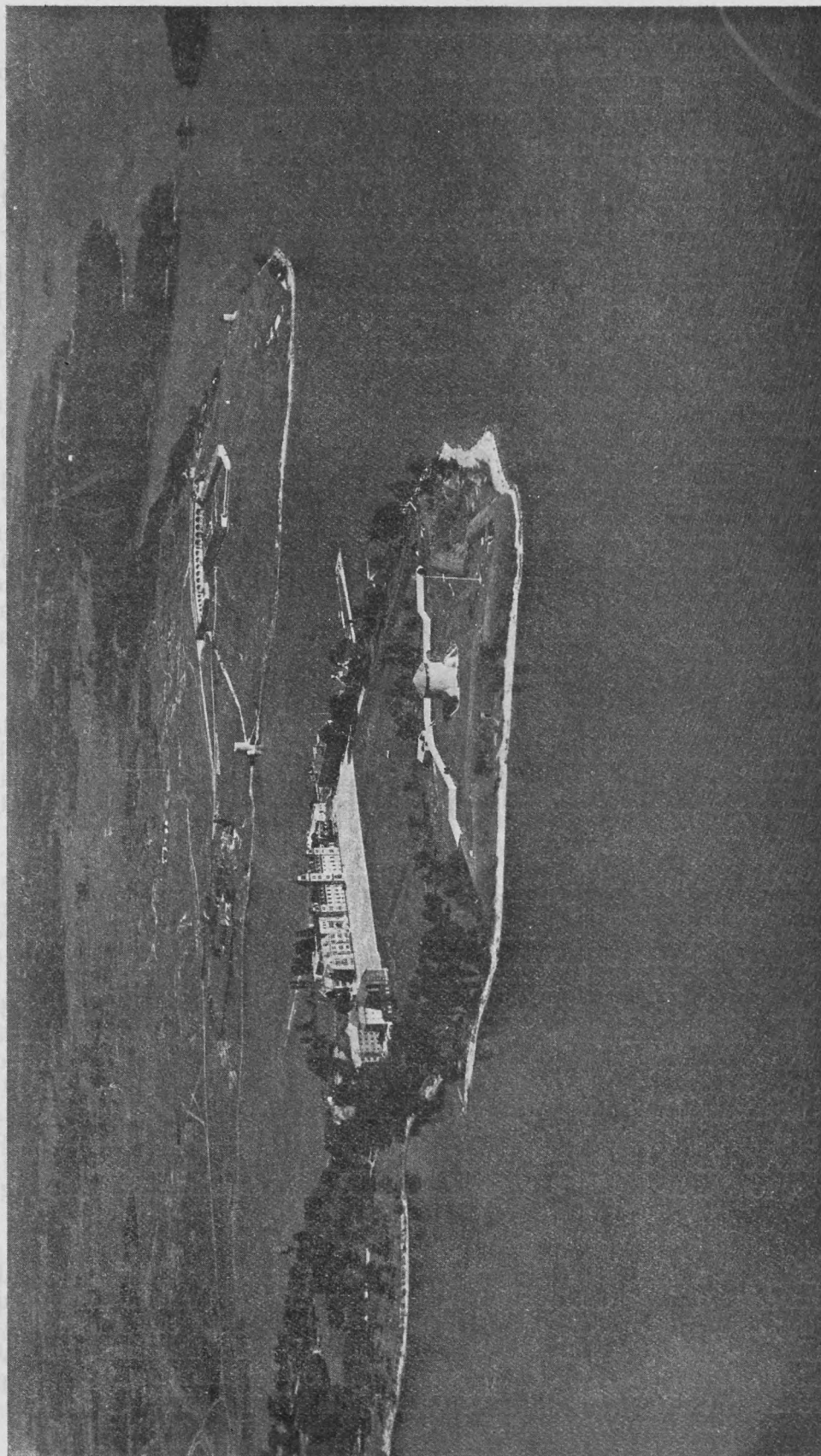
It would seem that the competitive spirit thus created goes a long way in making Physical Training enjoyable and thereby really beneficial.

It has recently been adopted at one of the Normal Schools in Alberta and found to work very satisfactorily. Teachers of Public Schools, Instructors of Cadet Corps, etc., are recommended to give this system a trial.

### **THE EMPIRE CENOTAPH**

Busy Whitehall, one of London's greatest thoroughfares, is night and day, the scene of the greatest object lesson in all the wonders of the Imperial Capital to visitors from every section of the world. In Whitehall stands the Cenotaph, Great Britain's indestructible memorial to her glorious dead—a shrine to whose majestic base at every hour of the day a steady flow of pilgrims comes to place memorial wreaths and stand in silence as the surging throngs push by on every side.

It is a very impressive sight to see the sincere reverence with which all persons approach and pass the Cenotaph. Everybody—passengers on tops of busses, taxi drivers, whether they pass once or twenty times a day, pedestrians, messengers, in short all classes and creeds, when they pass the memorial, raise their hats. Such an object lesson cannot but help to give to us all, particularly the rising generation, a very strong reminder of those who gave their lives during the Great War for King and Country.



THE ROYAL MILITARY COLLEGE, KINGSTON, ONTARIO.

## PHYSICAL EDUCATION

(Extracts from the 1923 Annual Report of the Chief Medical Officer of the Board of Education, London, England.)

The physical condition of the child, its health, development and general fitness and efficiency is the basis upon which all mental training must be founded. Moreover, it is the factor which most intimately affects the future capacity of the young man or woman to "make good," to become a useful citizen and a productive worker.

Physical health is largely dependent upon environment and nutrition, both of which it is possible substantially to modify for the benefit of the young child. Satisfactory environment includes good housing, cleanliness, ample sunshine and fresh air, warmth, protection from cold and damp and so forth.

Even though the home circumstances may be unfavorable, facilities offered through the school education and medical services may be used to counteract such conditions and minimise their ill effects.

Nutrition implies more than feeding. Wholesome food in suitable quantities is essential to nutrition, but it is not the whole story. We must also ensure that the body is able to make full use of the food given to it, that circulation and respiration are stimulated, that the various organs of the body are functioning properly, that the nervous and muscular systems are in harmony and under due control; in short that metabolism is active and the necessary conditions for physiological growth present.

### Exercise Necessary

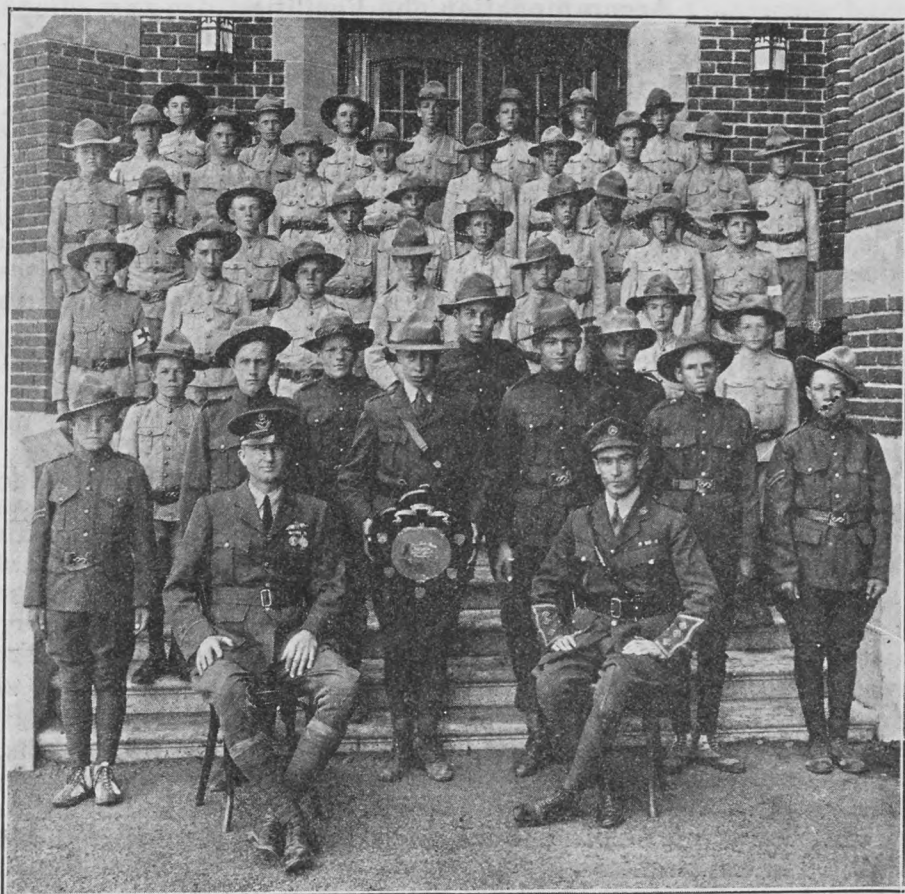
Therefore, besides proper food we must make sure of suitable exercise; because without the stimulation of exercise we cannot look for symmetrical growth or development, neither can we obtain that co-ordination of nerve and muscle which is vital to the adequate functioning of the growing body.

Under natural conditions the instinctive desire for active movement is usually sufficiently strong to ensure all the exercise that is necessary for healthy growth, but in the cramped and limited surroundings in which the majority of our children live today, provision must be made for at least a minimum amount of organized exercise, otherwise many children are likely to become stunted and undeveloped.

The round shoulders, the narrow chest, the flat feet, the weak muscles, which characterize most ill-nourished children do not cause immediate painful or obvious symptoms, and so are often neglected and overlooked. But, they reduce physical capacity, they lower resistance to disease, they contribute to a vicious circle in which the weakling is unable to secure for himself his full share of life's rewards, and because of this is never able to raise himself from a position of inferiority or to overcome his physical disabilities, and so remains a weakling.

### Country Children

There is a curious listlessness and want of energy about many of the children in the rural schools. At playtime they are to be found hanging about the doors and porches. The children often show an irritating indolence or lack of alertness both of mind and body, and it is quite usual to have to repeat a statement or question once or twice before any attempt is made to respond.



Normal Practice School (Calgary) Cadet Corps.  
Winners of Adams Shield, 1925.

If physical training produces a gain in alertness of mind and body, carriage, posture, breathing, habits, etc., then it is especially needed among these rural children. The organized games designed to train children in observation and alertness are excellent and only require closer supervision and adherence to rules to be productive of good results.

Recently there has been considerable demand for further guidance in regard to small Rural Schools, and a pamphlet containing tables of exercises suitable for such schools, has been published to meet this need.

### Training in Schools

An elastic, adjustable programme of gymnastic exercises, indoor and outdoor games, swimming and dancing has been applied to all schools throughout the year, and we have endeavoured to give Physical Training at least an equal place with other school subjects, so that it may be accepted without demur as a normal part of the curriculum for ALL boys and girls, and not regarded as a special subject to be practised mainly by selected children for purposes of a display or competition and then relegated to the background until the next occasion.

## Accommodation and Facilities

We cannot provide a gymnasium with every public school. Whenever weather permits the lesson should be taken out of doors, and for this a playground suitable in size and shape, and having a regular and level surface, is desirable.

It should be distinctly understood that indoor work is neither so useful nor beneficial to the children as exercise taken in the open air.

Playground work in the cold weather, providing it is also fairly dry, does no harm to teachers or children if the various exercises are vigorously taken and suitable games, involving much activity on the part of ALL the children, are played.

In wet weather the school hall or even the classroom must be used. It is important to remember that vigorous exercise can be taken even in a classroom with fixed desks, and therefore the lesson should not be omitted, though it may be necessary considerably to modify it.

It is worthy of record that the younger generation of teachers recognize the value of playground work, and it is hoped that this Spartan Spirit will be developed by all.

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## CANADA AT WEMBLEY

Canada's exhibit at the Empire Exhibition at Wembley this year is said to have been the largest diorama, or building of exhibits, the world has ever seen. For illustration 2,000 high-powered lights were required and the large diorama was divided into twelve sections showing all the different kinds of life and industries, natural resources and latent possibilities in the Dominion.

Special emphasis was laid upon the agricultural, mineral and industrial resources of Canada in order that the merchants of Great Britain and other parts of the Empire might be able to see where further development may be made and in order that prospective immigrants might form some idea of the nature of the work they would be required to do if they come to Canada.

The Canadian exhibit was contained in three separate buildings, the main one containing exhibits of government work and the industries mentioned. The other two contained exhibits from the Canadian Pacific and the Canadian National Railways.

Confronted at the main entrance to the big pavilion by portraits of Canada's leading statesmen and pioneers, the visitor passed into a magnificent structure decorated in green and gold, Canadian in design and of Canadian idea in emblem and craftsmanship. Within were sections devoted to scenes from the mining camps. In one, the largest silver nugget ever taken from a mine was shown. It weighed more than two tons. Samples of coal from every mine in Canada were shown under glass cases and there were also samples of nickel, asbestos, cobalt, mica, gold, copper, lead and zinc. The forestry exhibit was also attractive showing the process through which a log passes before it becomes either lumber or paper.

Some idea of Canada's resources in water power development was given on a map 40 feet long and 20 feet wide showing the water now being used and the vast expanses still untouched but capable of creating enormous hydro-electric power plants. Transportation, as carried out

in Canada, was exhibited by models of Halifax and Vancouver harbours and pictures showing the progress of grain from the fields through the elevators at Fort William and to the sea over the Great Lakes.

The fruit industry; meat packing and grading; Canada's wild animals, the buffalo, bear, elk and others; the great national parks; the dairy business showing how Canadian butter and cheese is made and how eggs are preserved in cold storage plants were also shown and to tell of their wonders in detail would require a whole book.

One of the most interesting features of the whole exhibit, however, was a model of the Prince of Wales, Alberta's royal rancher. This model was carved from a huge block of butter and thousands stopped to admire it.

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## INDIAN GAMES

The Indian boy is much like his white brother and loves to play games whenever he has the opportunity. In the "long ago" he played at mimic warfare, hunted around in the brush with his bow and arrow, made mud images of animals, and in summer spent about half his time in the water. In winter he spun his top on the ice, slid down hills on a contrivance made of Buffalo ribs and hunted rabbits.

"Top" was always a favorite game amongst the boys. The wooden top is usually made of birch. The bark is removed entire or in sections and the heads are marked with studs or painted, partly for ornamentation and partly for decoration. The whips have four buckskin lashes. The game is usually played in soft snow, the object being to determine who can drive his top over the greatest distance without interrupting the spinning.

Another "Top" game is played upon smooth ice. The tops are water-worn egg shaped pebbles. In the game the rocks are set spinning by whipping and when at high speed are driven together, the one that stops spinning first loses.

Another game usually played during spring time is the "Ap-psui" of flying arrows. No bow is used and the so-called arrows being but straight slender sticks. The players take an equal number of sticks. They are thrown by hand, poising them on a small heap of earth. In some cases a large stone is used for the elevation. The player throwing the greatest distance takes all the sticks thrown.

The casting of wooden darts or arrows is another boys' game, of the same general type. The darts are willow sticks of medium length. Each is sharpened at one end and split into quarters at the other. These darts are usually decorated and to some are attached tufts of hair. In the game the darts are thrown from the hand. First one is cast into a clump of bushes and the players in turn cast at it as a target. The use of the hair tufts acts as a guide to the count, thus, if several darts fell about equally near the target dart, the one whose hair tuft touched it is declared the winner.

Boys often amused themselves by placing embers from the fire on a stone and striking them with another stone. When skillfully done, this gives off a report like a gun.

The Indian boy is an expert copyist and mimic. Since coming under the instruction of white teachers, he has readily assimilated the games taught and now ranks, in games and athletics, not only as an equal, but in some cases sets the lead.

## THE STRATHCONA TRUST

The aims and objects of the Trust are perhaps not generally known and are briefly as follows:

(1) The improvement of the physical and intellectual capabilities of the children while at school, by means of a proper system of physical training calculated to improve their physical development, and at the same time to inculcate habits of alertness, orderliness and prompt obedience.

(2) The fostering of a spirit of patriotism in the boys, leading them to realize that the first duty of a citizen is to be prepared to defend his country—to which end all boys should, so far as possible, be given an opportunity of acquiring a fair acquaintance with drill and rifle shooting. The Trust in all such matters works in co-operation with the provincial educational authorities.

Owing to the transfer of Brig.-General A. H. Bell, C.M.G., D.S.O., to Toronto, the untimely death of Lieut.-Colonel W. H. Macdonald of Medicine Hat, and the resignation of Mr. J. D. Higginbotham of Lethbridge, owing to pressure of business, new appointments to the Local Committee have been made.

The following now constitute the present Committee: Chairman, Colonel Commandant W. Gibsons, C.M.G., D.S.O., O.B.E.; Secretary, Major L. W. Miller, D.S.O.; Members, His Honor Judge J. A. Jackson, Lethbridge; Major H. Kennedy, D.S.O., Edmonton; G. F. McNally, Esq., Supervisor of Schools, Dept. of Education; Lieut.-Colonel M. B. Peacock, Calgary; J. T. Ross, Esq., Deputy Minister of Education; Lieut.-Colonel G. Robinson, M.C., Calgary.

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## REGULATIONS FOR THE CADET SERVICES

To those who may be contemplating the forming of a Cadet Corps, the following extracts governing the organization may be of use:

1. Application form is signed by Principal of School and Chairman of School Board.

2. Ages of cadets are from 12 to 18 years. Twenty boys is considered the minimum number for a corps.

3. A bond for rifles is required from the School Board.

4. All articles of equipment and rifles are supplied by the Defence Department. Uniform is found by the Cadet Corps from School funds or by local organizations. Uniform however, is not essential, on organization.

5. The following grants are made annually by the Defence Department:

- (a) \$2.00 for each Cadet up to a maximum of 50 Cadets, and \$1.00 for each Cadet over that number, passed as efficient at the Annual Inspection and instructed by a qualified instructor.
- (b) \$1.25 towards the provision and upkeep of uniform and head dress, for each Cadet inspected in a complete and serviceable uniform.

6. Instructors to be considered qualified and entitled to draw the full grant as stated above, must qualify under one of the following headings:

- (a) Hold a Lieutenant's Certificate in the Canadian Militia.
- (b) Be an ex-officer or ex-N.C.O. of the Permanent Force or Canadian Expeditionary Force.
- (c) Be in possession of a Cadet Instructor's Certificate.

Instructors not fully qualified as above may be paid the full grant, or a proportionate amount, according to state of efficiency of corps, for not more than two successive years from the date on which they are first appointed.

7. Trophies and prizes are given for Rifle Shooting and General Efficiency. 100 rounds of ammunition per Cadet are supplied annually by the Defence Department.

8. For full particulars application should be made to the District Cadet Officer, M.D. No. 13, Southam Chambers, Calgary.

### Addresses

The following names and addresses may be of use for reference by Cadet Instructors:

Secretary D.C.R.A. -----Lieut.-Col. R. J. Birdwhistle, 26  
Wellington St., Ottawa.

Secretary Dominion Marksmen----Box 1200, Montreal.

Dominion Marksmen (Alberta)----A. E. Turvey, Esq., 212 C.P.R. Bldg.,  
Edmonton.

Secretary St. John's Ambulance A. E. Ottewell, Esq., University of  
Assn. (Alta.) ----- Alberta, Edmonton.

Secretary Alberta Provincial Rifle Capt. D. H. Tomlinson, O.B.E., 1509  
Association ----- 25th Ave. W., Calgary.

District Cadet Officer M.D. 13-----Major L. W. Miller, D.S.O., South-  
am Chambers, Calgary.



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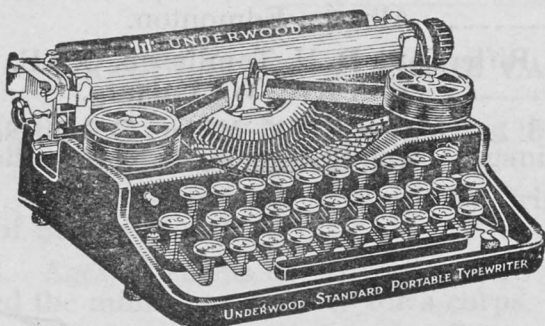
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